



Dec. 20, 2018

DRAPER 3



## UPCOMING EVENTS

Thursday, December 20<sup>th</sup>  
December 21<sup>st</sup> - January 2<sup>nd</sup>  
Thursday, January 3<sup>rd</sup>  
Friday, January 4<sup>th</sup>  
Friday, January 4<sup>th</sup>

Friday, January 4<sup>th</sup>  
Monday, January 7<sup>th</sup>  
Thursday, January 10<sup>th</sup>  
Thursday, January 10<sup>th</sup>

End of Term 2  
NO SCHOOL - Winter Break  
Winterim (Term 3) Begins  
Spirit Day  
Homecoming Basketball Games  
(Girls @ 4:30, Boys @ 6:00)  
9th-12th Grade Homecoming After-Party (8-9:30pm)  
9th-12th Grade Student Govt. Training (3-4pm)  
Legislative Day  
7th-8th Grade Ambassador Council Training (3-7pm)

For updates, additional event information, and athletic events, please visit our campus website at <http://www.draper3.americanprep.org>.

### Winter Break

There will be no school from **December 21st through January 2nd**. Have a wonderful Winter Break!

### Congrats JH Boys Basketball

Draper APA JH Boys Basketball teams had a great season! Both of our teams went undefeated in region play and dominated the opposition. Our A team lost in the State tournament, to Summit Independence, in a close and hard fought battle. Congratulations Teams!



# AMERICAN PREPARATORY ACADEMY

## Legislative Day - January 10th

Something that sets American Preparatory Academy apart, is the opportunity we give our students to not only learn about how the government works but to actually participate and experience it in action. We will be providing the students with a training on how the government works on **January 10th**. We then take different grades to the capitol to watch the legislative process at various times throughout the year. Normal parent pick-up time.

## Spirit Week - January 14-18th

One of the things we are trying to build at American Preparatory Academy is tradition. Which is why we are so excited for Spirit Week. We hope this will bring students together, help them develop new friendships and most importantly have fun! Spirit week goes from **January 14th through the 18th**. We have many fun activities planned for the week. One we want you as parents and guardians to be aware of is that each day the students can wear different themed clothes. We are attaching to this newsletter the different themes and guidelines for those days. Will you please make sure they choose outfits that are appropriate and will not make anyone feel uncomfortable. We will also send home a hardcopy of the guidelines! We are excited and know with your help this can be a fun experience for all!! [Click here for more information.](#)

## Event Review: Sock Drive

ROCK THE SOCKS! A HUGE thank you to all of our students and families for the amazing amounts of donations. We are thrilled to announce that together we were able to donate 3172 pairs of socks, 510 coats, and 277 blankets from our campus and an amazing total of 25,386 pairs of socks and over 1500 coats and blankets from all of our APA campuses. Thank you for helping those in need!

## Event Review: Care Center Visits and Grandparent Letters

The past two weeks, our 7th grade students participated in service for the elderly. Half of our 7th grade students visited elder care centers in the community and visited with the residents. We played games, made crafts, painted nails, sang songs, and got to know the elderly. Our students were phenomenal and brightened the day of so many people that we visited. The other half of the 7th grade students wrote letters to either their grandparents or elderly neighbors. These letters were to express their care and concern. Make sure your student checks in with the person they wrote their letter to and make sure they got it!

## **- Reminders (repeat information from previous newsletter) -**

## Lunch Updates for January

The January lunch calendar has been updated. Chicken Nuggets and Tater Tots, Mini Tacos, and Pizza have been added! If these items are well received we will build them into our menu for the rest of the year. You can view the menu and order online at this link: <https://www.americanprep.org/school-lunch-program/>

## Homecoming on Jan. 4th

Our basketball Homecoming is happening on **Friday, January 4th**. The Girls Homecoming game will be at 4:30 P.M. and the Boys Homecoming game will be at 6:00 P.M. These will be “White Out” games, where we encourage everyone to wear white. White American Prep t-shirts will be sold until January 4th. T-shirts are \$10, available at the Character Development office, and can be worn to school on Friday, January 4th and all spirit days after.

There will be a Homecoming After-Party for all students in 9th-12th grade. The after-party will begin right after the boys game finishes, and go until 9:30 P.M. There will be music, food, and fun! Don't miss it!

## "GLOW BIG OR GO HOME" - Girls Pref. Casual Dance

Calling all 10-12 grade students, get ready for the BIGGEST dance of the year! It's Girls Pref. until January 12! After that, it's anybody ask! Students are welcome to come individually, with dates, or with a big group of friends. 11-12th grade can invite an outside guest. So, grab a date or go with friends, and plan your outfits together! The brighter, the better! Make a day of it! This Glow dance is sure to be fun! GLOW BIG OR GO HOME!

What: Glow in the dark dance with black lights, glow sticks and face painting

**When: January 26th, from 7-9pm**

Where: D3 Multi Purpose Room

Attire: Casual, white or bright clothing

Cost: \$3/ticket, \$5/couple, \$10/couple with outside guest

## Spelling Bee Practice Words

7th and 8th graders, the school-wide spelling bee will take place in February, but you should start practicing your spelling bee words now. Click on the following link to view the study words: [Complete Set of Study Words for Grades 1-8 \(eight-page PDF\)](#)

## Air Quality and Inversion During the Winter Months

Winter months in Utah bring snow sports, holiday feasting, and seasonal inversions. As you've watched the mountain line slowly disappear behind a hazy fog of pollution, have you ever wondered what it means for your family's health, and what you can do about it? If you have, you aren't alone.

During an inversion, air pollution, including PM 2.5 (Particulate Matter), along with cold air gets trapped in the valley and builds until a storm front blows through.

Due to its small size, PM 2.5 can get deep into the lungs and can lead to a number of health issues, including aggravated asthma. For sensitive groups, including children or those with respiratory or heart conditions, PM 2.5 can have a greater health impact.

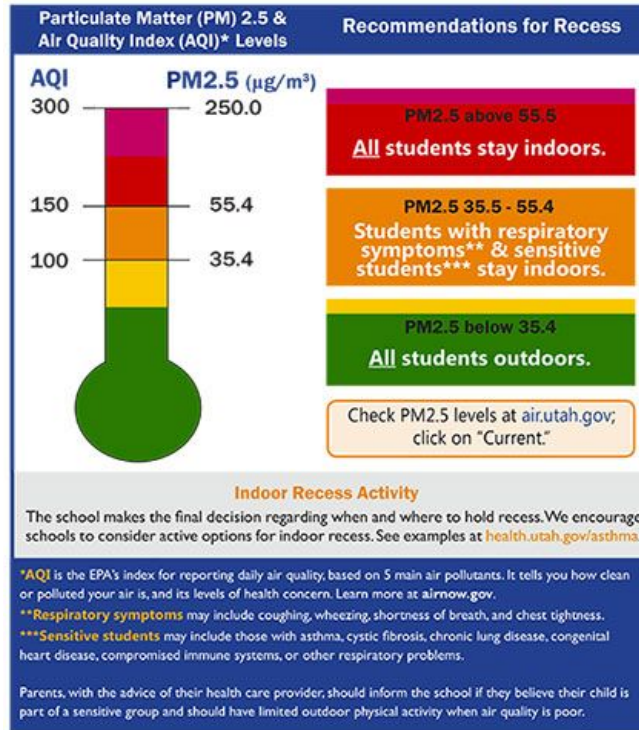
The Utah Recess Guidance is a set of air quality guidelines for schools to use in determining whether to move recess indoors based off of PM 2.5 levels. In 2016, a group of health scientists, parents, school personnel, and air quality advocacy groups updated the Guidance to be more protective and align with the EPA AQI.



# AMERICAN PREPARATORY ACADEMY

## Recess Guidance for Schools:

When to schedule indoor recess based on air quality.



Updated July 2016



Volunteer hours: Please email your hours to [heatherlabarreallen@gmail.com](mailto:heatherlabarreallen@gmail.com).