



AMERICAN PREPARATORY ACADEMY

Feb. 4th, 2022

DRAPER 3



UPCOMING EVENTS

Tuesday, February 8th

Wednesday, February 9th

Saturday, February 12th

Tuesday, February 15th

Wednesday, February 16th

Wednesday, February 16th

Friday, February 18th

February 21st - February 25th

Virtual Parent Empowerment Meeting: Managing Stress (7-8pm)

9th Grade Mystery Dinner (12:30-2:30pm)

11th/12th Grade Winter Formal (6-8pm)

7th Grade Capitol Trip (8am-1:45pm)

11th Grade Cards for Kauri Sue Event (12:30-1:50pm)

Senior Picture Day (12:30-1:50pm)

Mid-Term Late Work Deadline

NO SCHOOL - Mid-Winter Break

Winter Formal Mardi Gras Dance

Attention to all 10th, 11th, and 12th graders!! Next week we are throwing our annual winter- formal and this year our theme is Mardi Gras!!! Come join us - we will be having some tasty treats and good music to keep the party going! This dance will be on **Saturday, February 12th from 6-8** in the multipurpose room. Bring your friends to have a great night! All tickets are \$8 for singles and \$15 for couples and go on sale tomorrow. The dress is semi formal and school dress standards will be enforced. If you have any questions, please ask one of the 11th grade council members.



Virtual Parent Empowerment: Managing Stress and Anxieties

Recent events over the past couple of years have really brought our attention to how we manage--or don't manage--stress. There has been a reported increase in anxiety among youth and adults alike. Not managing it seems to increase the problem. But there are simple interventions if applied consistently can help you and your loved ones better manage stress and anxiety. Please join us for our Virtual Parent Empowerment Night on **Tuesday, February 8th from 7-8:30 pm**. We will talk about what happens in the body when we are exposed to situations that increase our stress and anxiety. You will walk away with a few techniques to help you improve your ability to manage this. Your campus may have a bonus incentive for your attendance. Join us on Zoom. <https://uetn-org.zoom.us/j/87604322116>. Meeting ID: 876 0432 2116

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Virtual Parent Empowerment
Tuesday, February 8th from 7-8:30 pm

RECENT EVENTS OVER THE PAST COUPLE OF YEARS HAVE REALLY BROUGHT OUR ATTENTION TO HOW WE MANAGE--OR DON'T MANAGE--STRESS. THERE HAS BEEN A REPORTED INCREASE IN ANXIETY AMONG YOUTH AND ADULTS ALIKE. NOT MANAGING IT SEEMS TO INCREASE THE PROBLEM. BUT THERE ARE SIMPLE INTERVENTIONS IF APPLIED CONSISTENTLY CAN HELP YOU AND YOUR LOVED ONES BETTER MANAGE STRESS AND ANXIETY. PLEASE JOIN US FOR OUR VIRTUAL PARENT EMPOWERMENT NIGHT ON TUESDAY, FEBRUARY 8TH FROM 7-8:30 PM. WE WILL TALK ABOUT WHAT HAPPENS IN THE BODY WHEN WE ARE EXPOSED TO SITUATIONS THAT INCREASE OUR STRESS AND ANXIETY. YOU WILL WALK AWAY WITH A FEW TECHNIQUES TO HELP YOU IMPROVE YOUR ABILITY TO MANAGE THIS. YOUR CAMPUS MAY HAVE A BONUS INCENTIVE FOR YOUR ATTENDANCE. JOIN US ON ZOOM.



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SheTech Opportunity

High school girls (9th-12th grade) interested in STEM fields should sign up for an amazing opportunity to attend SheTech on **March 1st, 2021**. Students will be bussed to the Mountain America Convention Center and participate in a day of STEM activities with other HS girls from around the state. Lunch will be provided. Please sign up with your current science teacher or Mrs. Hollinger. There are a limited # of seats so sign up right away to secure your spot!

USBE Special Needs Scholarship Opportunity

School districts and charter schools are required by Utah law, 53A1a-704(10), to inform parents of students with IEPs enrolled in public schools, of the availability of a scholarship to attend a private school through the Carson Smith Scholarship Program. The Carson Smith Special Needs Scholarship Program (CSS) provides tuition assistance for eligible special needs students enrolled in eligible private schools. The scholarship is for students who would qualify for special education and related services in public schools, preschool through 12th grade (3-21 years of age), whose parents choose an eligible private school. For more information on the scholarship, deadline schedule and funding schedule, please visit <https://www.schools.utah.gov/specialeducation/programs/carsonsmithscholarship>

- Reminders (repeat information from previous newsletter) -

Parenting with Love and Logic Classes--FREE to APA Parents

The Love and Logic approach to parenting is built around the science of caring and respectful relationships. An authentic, loving connection between parents and their children forms the foundation of good behavior and healthy decision-making. We use these principles at our school every day and are excited to be able to offer FREE classes to our families at APA so they can begin to parent the Love and Logic Way. We will begin our first course at APA on **Monday, February 7th** in the evening. It will go for 6 weeks. We will also offer it in Spanish at the same time. We are registering now! Please fill out this google form:

<https://forms.gle/pm2aQNaChZr9DiZi7>. Please email tokelberry@apamail.org if you want more information.

9th Grade Mystery Dinner

The 9th grade mystery dinner is fast approaching. This event will be held on **February 9th from 12:30 - 2:30**. There will be yummy food, exciting costumes, spooky performances, and a murder mystery to solve! The students have been sent home with an invitation for the murder mystery. They need to RSVP, so please make sure that your student has signed and turned in their RSVP.



Job Opportunity: Draper Campus - Food Service Specialist

Under the supervision of the food services manager/program manager and school director, the School Food Service Specialist receives food items and distributes meals to classrooms and/or students. Assists parents with Free/Reduced Lunch Applications and ordering meals. Accurately completes and submits all required food service reports. Operates and cleans facility and equipment. Follows Utah State safety standards for food preparation, safety, storage and disposal. Follows National School Lunch Program, National School Breakfast Program, Fresh Fruit and Vegetable Program, After School Snack Program guidelines. Follows all APA Staff policies. May complete other campus food service staff duties as needed. School Food Service employees will not work more than 29 hours per week unless additional hours are approved and included in yearly LOU.

Knowledge, Skills, and Abilities

- Personal integrity and dependability
- Quick-paced, hard-working, high-energy personality
- Works and communicates well with others (co-workers, parents, students)
- Self Sufficient
- Basic computer skills - will train on specific programs we use (Hot Lunches Online, Google Sheets, Email, Skyward, etc.)
- Required to obtain a State of Utah Food Handler's Permit within 30 days of employment

Physical Demands

- Maintain the ability to stand, reach, lift, bend, kneel, stoop, climb, push, pull, and lift items weighing 50 lbs or less. Stand or walk 95% of the workday.

Schedule/Hours

Monday thru Friday per school calendar (see link)

Hours - To be assigned as needed (School Food Service employees will not work more than 29 hours per week).

Pay - To be determined at time of hire

[Click here to view more American Prep career information.](#)